

# Coughs and sneezes spread diseases



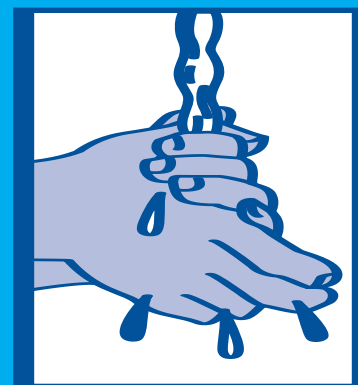
always carry tissues



cover your coughs and sneezes



throw used tissues in a bin



always clean your hands

## Stop germs spreading