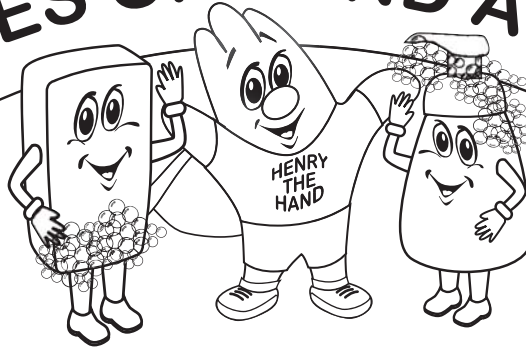


**HENRY THE HAND®**

# 4 PRINCIPLES OF HAND AWARENESS

**HEY KIDS!**



**1**  
WASH YOUR HANDS WHEN THEY ARE DIRTY AND BEFORE EATING!



**2**  
DO NOT COUGH INTO HANDS!



INSTEAD TRY COUGHING HERE!



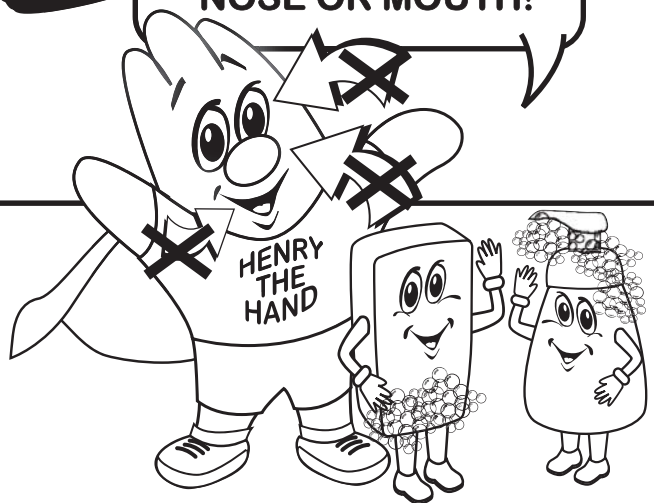
**3**  
DO NOT SNEEZE INTO HANDS!



INSTEAD SNEEZE HERE!



**4**  
ABOVE ALL, DO NOT PUT YOUR FINGERS IN YOUR EYES, NOSE OR MOUTH!

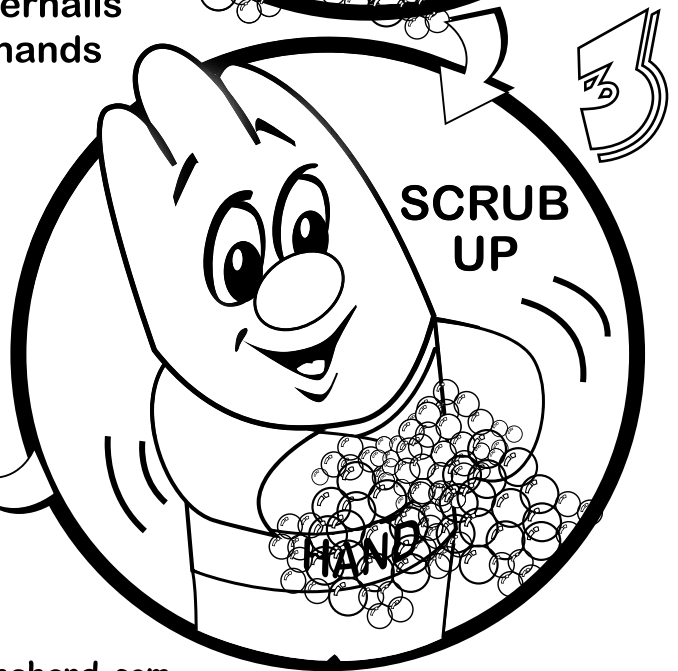
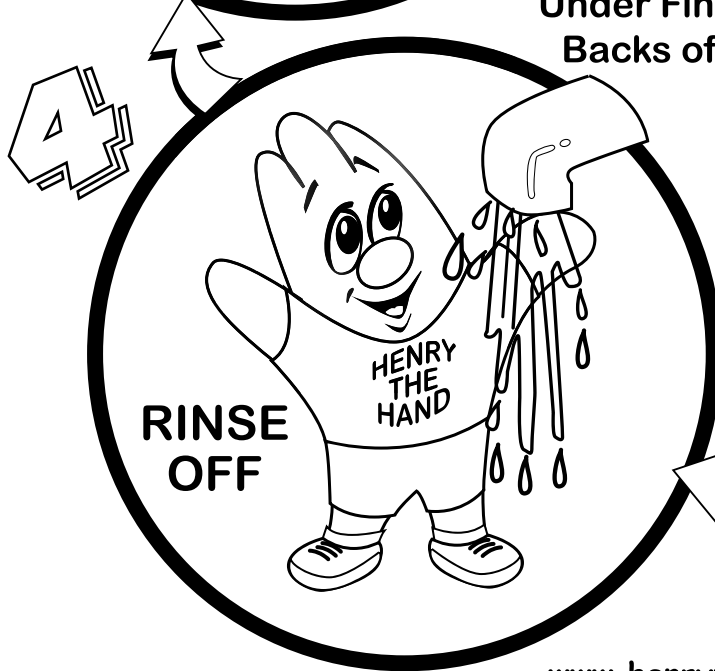
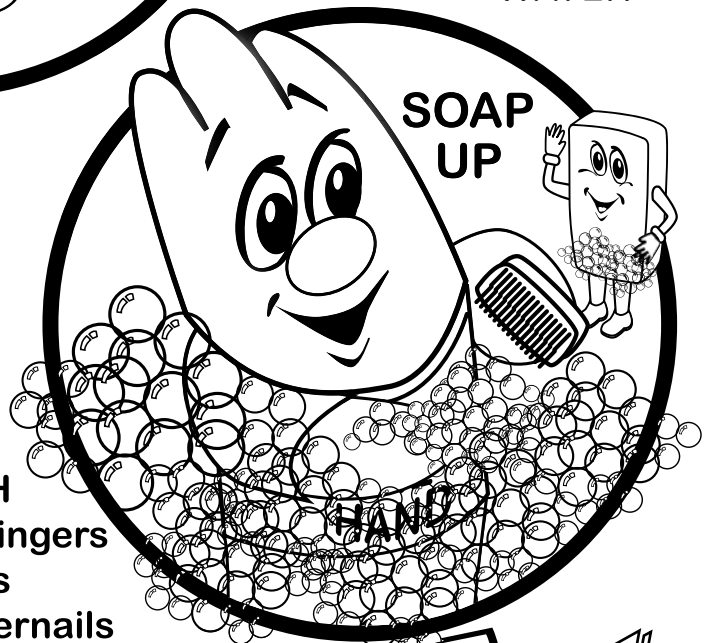
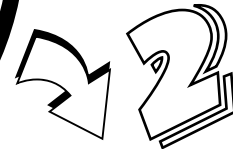


# HENRY THE HAND'S HAND WASHING GUIDE

REMEMBER  
to turn off the water  
USING A  
PAPER TOWEL  
INSTEAD OF  
YOUR HANDS



Use SOAP  
and  
WARM  
WATER



**HENRY  
THE  
HAND®**

# 4 PRINCIPLES OF HAND AWARENESS

**HEY  
KIDS!**

**FUN  
ACTIVITIES!**



**1**

**WASH YOUR HANDS  
WHEN THEY ARE DIRTY  
AND BEFORE EATING!**

**2**

**DO NOT COUGH  
INTO HANDS!**

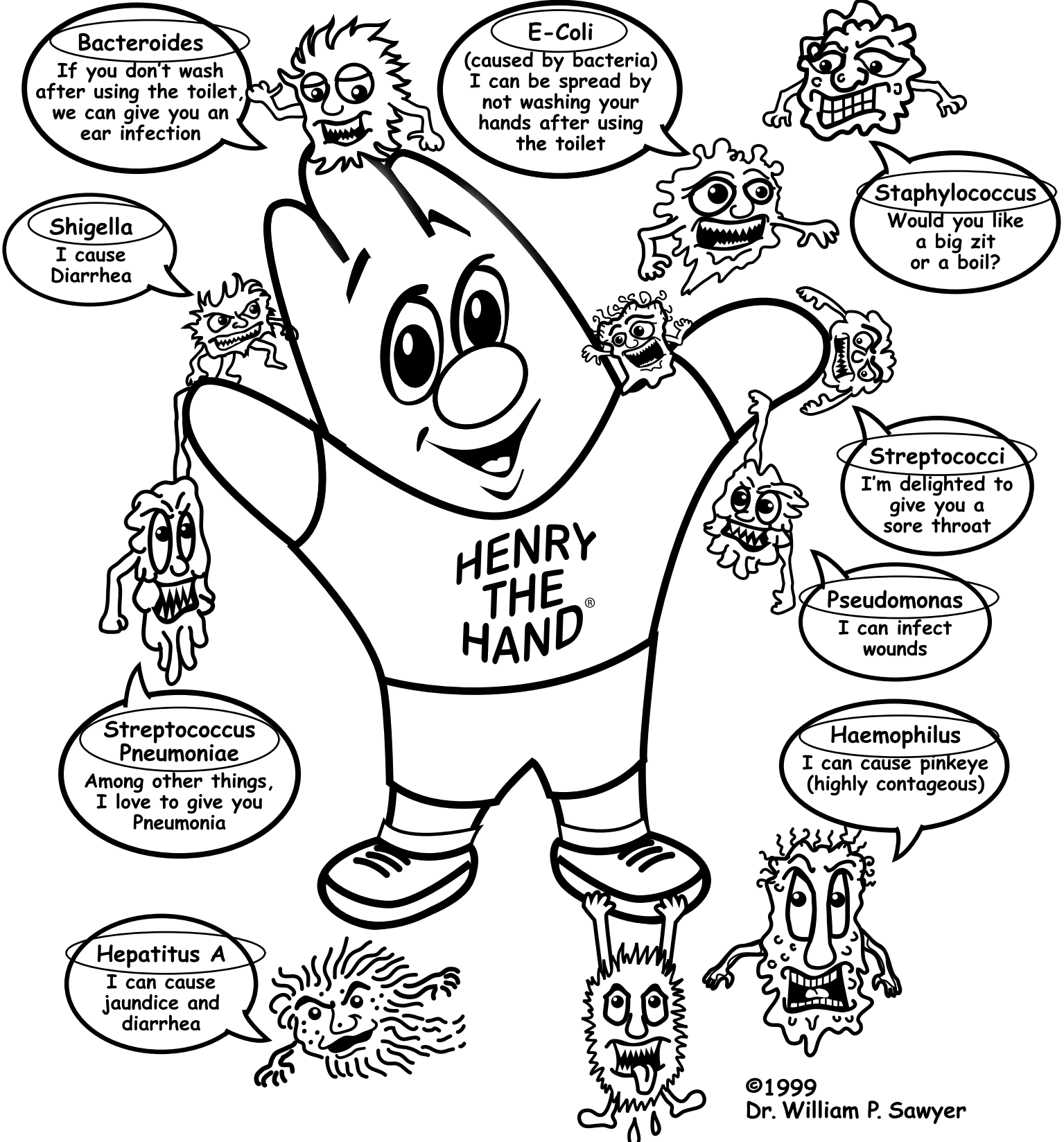
**3**

**DO NOT  
SNEEZE INTO  
HANDS!**

**4**

**ABOVE ALL, DO NOT PUT  
YOUR FINGERS IN YOUR  
EYES, NOSE OR MOUTH!**

# Do You Have Any Idea What Germs Could be on Your Hands?



**Bacteroides**  
If you don't wash after using the toilet, we can give you an ear infection

**E-Coli**  
(caused by bacteria)  
I can be spread by not washing your hands after using the toilet

**Staphylococcus**  
Would you like a big zit or a boil?

**Shigella**  
I cause Diarrhea

**Streptococci**  
I'm delighted to give you a sore throat

**Pseudomonas**  
I can infect wounds

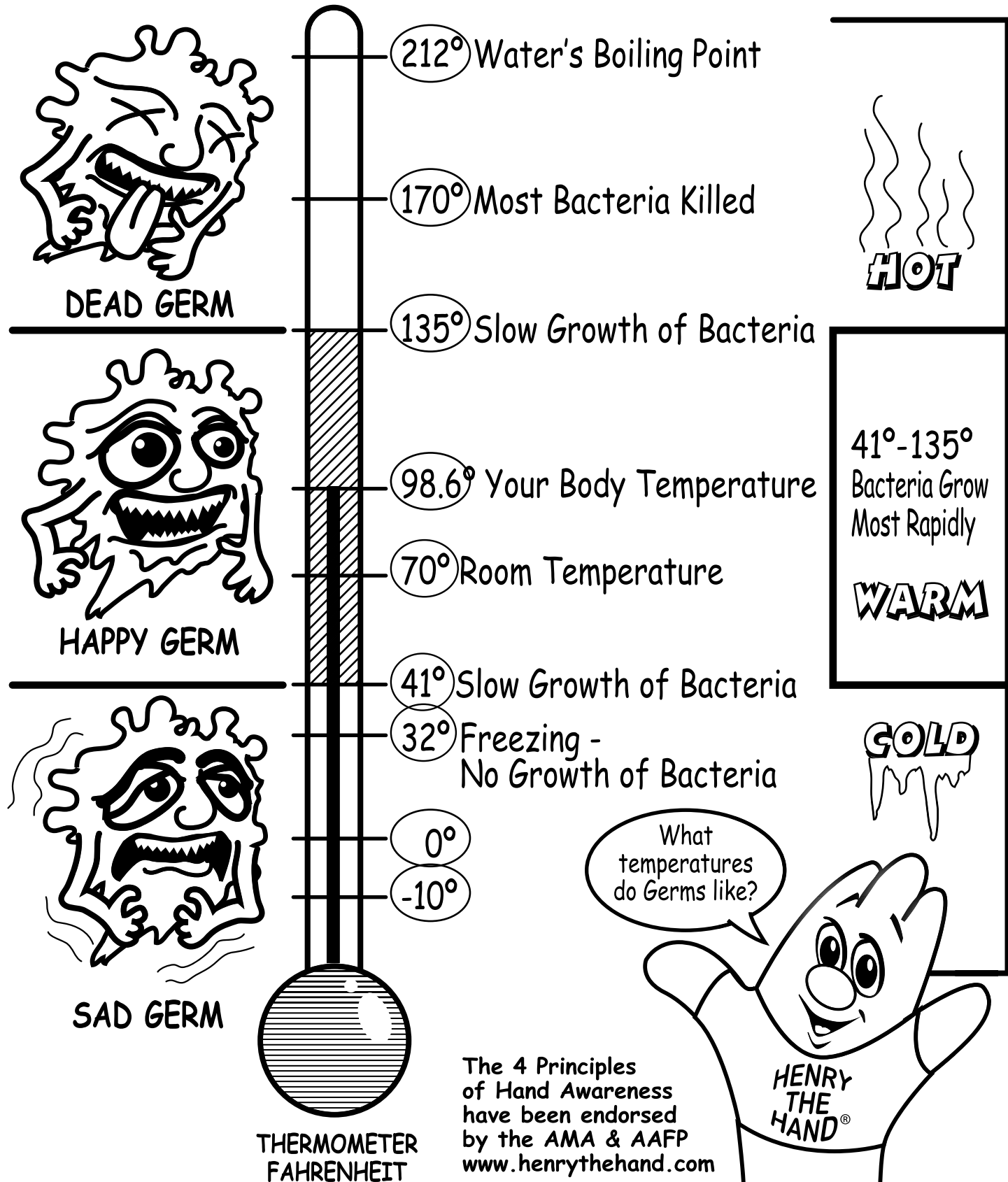
**Streptococcus Pneumoniae**  
Among other things, I love to give you Pneumonia

**Haemophilus**  
I can cause pinkeye (highly contagious)

**Hepatitis A**  
I can cause jaundice and diarrhea

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Dr. William P. Sawyer

# See How Temperatures Affect the Germs!





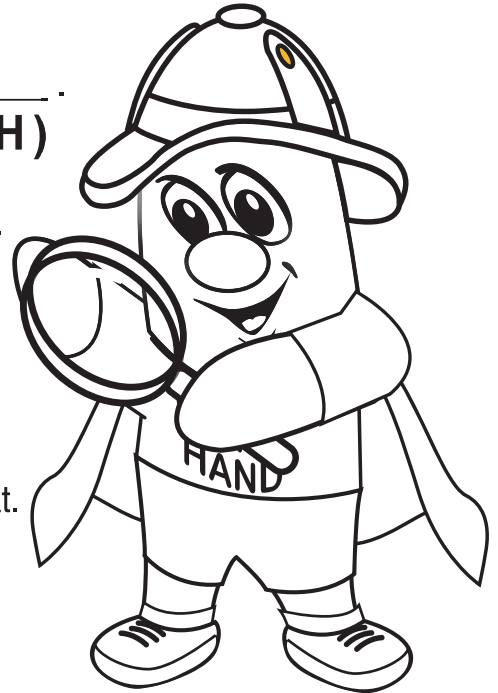
# DETECTIVE HENRY'S SECRET CODE GAME

secret code letter

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
Z	Y	X	W	V	U	T	S	R	Q	P	O	N	M	L	K	J	I	H	G	F	E	D	C	B	A

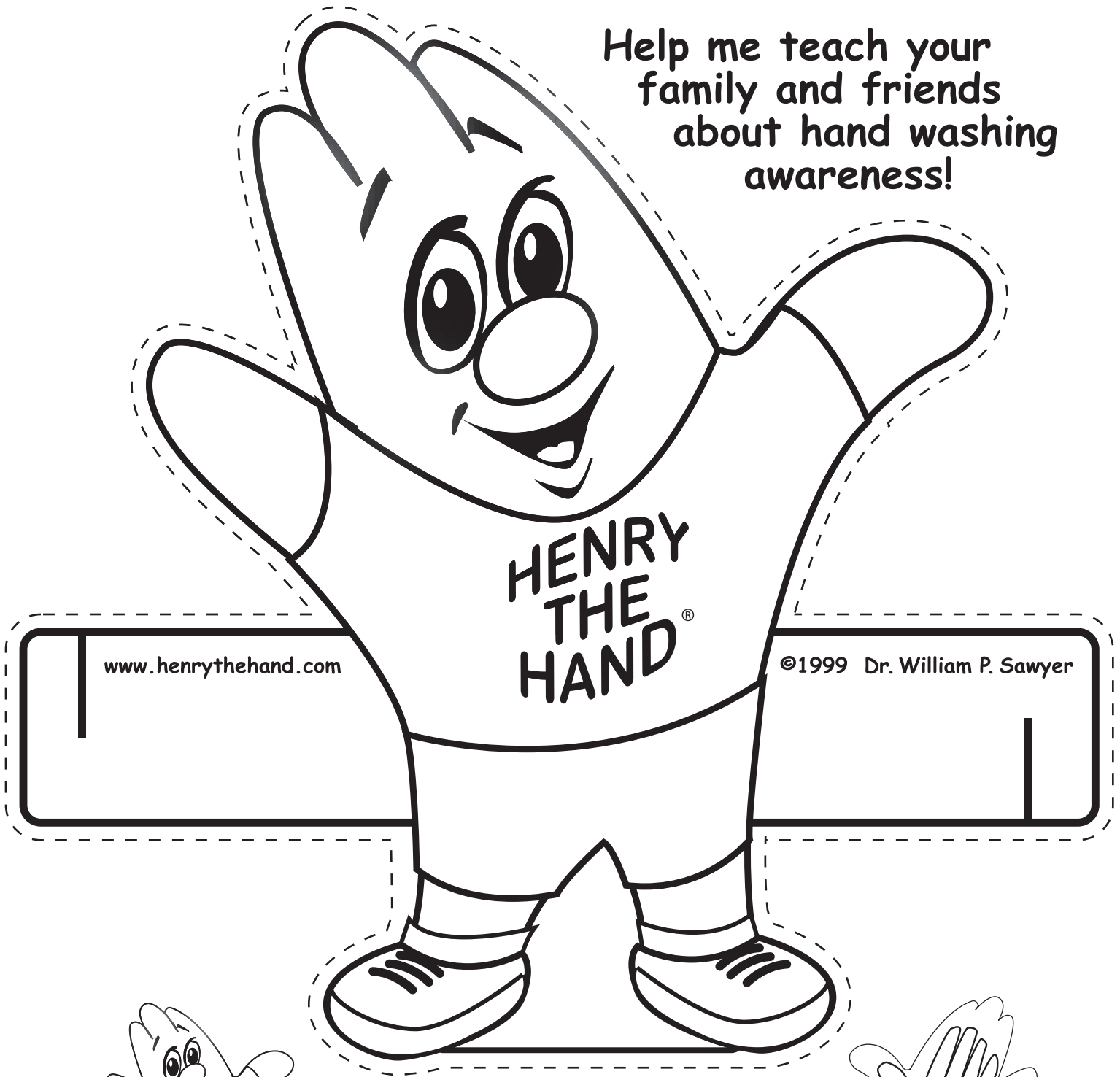
actual letter

- Type of germ that causes a "common cold" is a \_\_\_\_\_ .  
(ERIFH)
- Wash your hands for at least \_\_\_\_\_ seconds.  
(GDVMGB)
- When washing your hands use \_\_\_\_\_ water.  
(DZIN)
- You must always wash your hands \_\_\_\_\_ you eat.  
(YVULIV)
- Germs can be spread at least \_\_\_\_\_ different ways  
(ULFI)
- Most important part of hands to wash is under \_\_\_\_\_ .  
(UKMTVIMZROH)
- When washing your hands, rub together \_\_\_\_\_ .  
(ERTLILFHOB)
- The best protection against infectious disease is \_\_\_\_\_ .  
(SZMWDZHSRMT)
- The type of germ that causes strep throat is \_\_\_\_\_ .  
(YZXGVIRZ)
- The most important time to wash your hands is after using the \_\_\_\_\_ .  
(GLROVG)



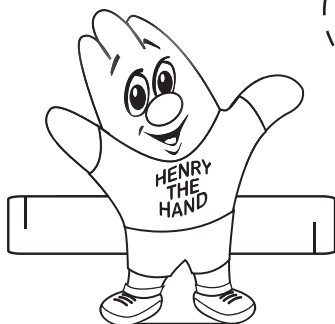
# HENRY THE HAND<sup>®</sup> PUPPET

Help me teach your  
family and friends  
about hand washing  
awareness!

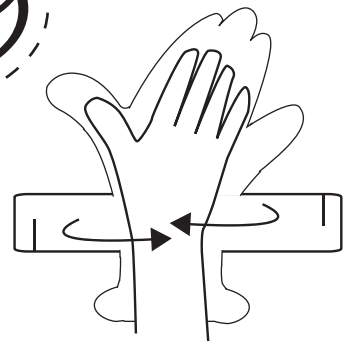


[www.henrythehand.com](http://www.henrythehand.com)

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Cut out Henry and the tabs.  
Cut the slots in each end and  
wrap the tabs around your hand.



# HENRY THE HAND®

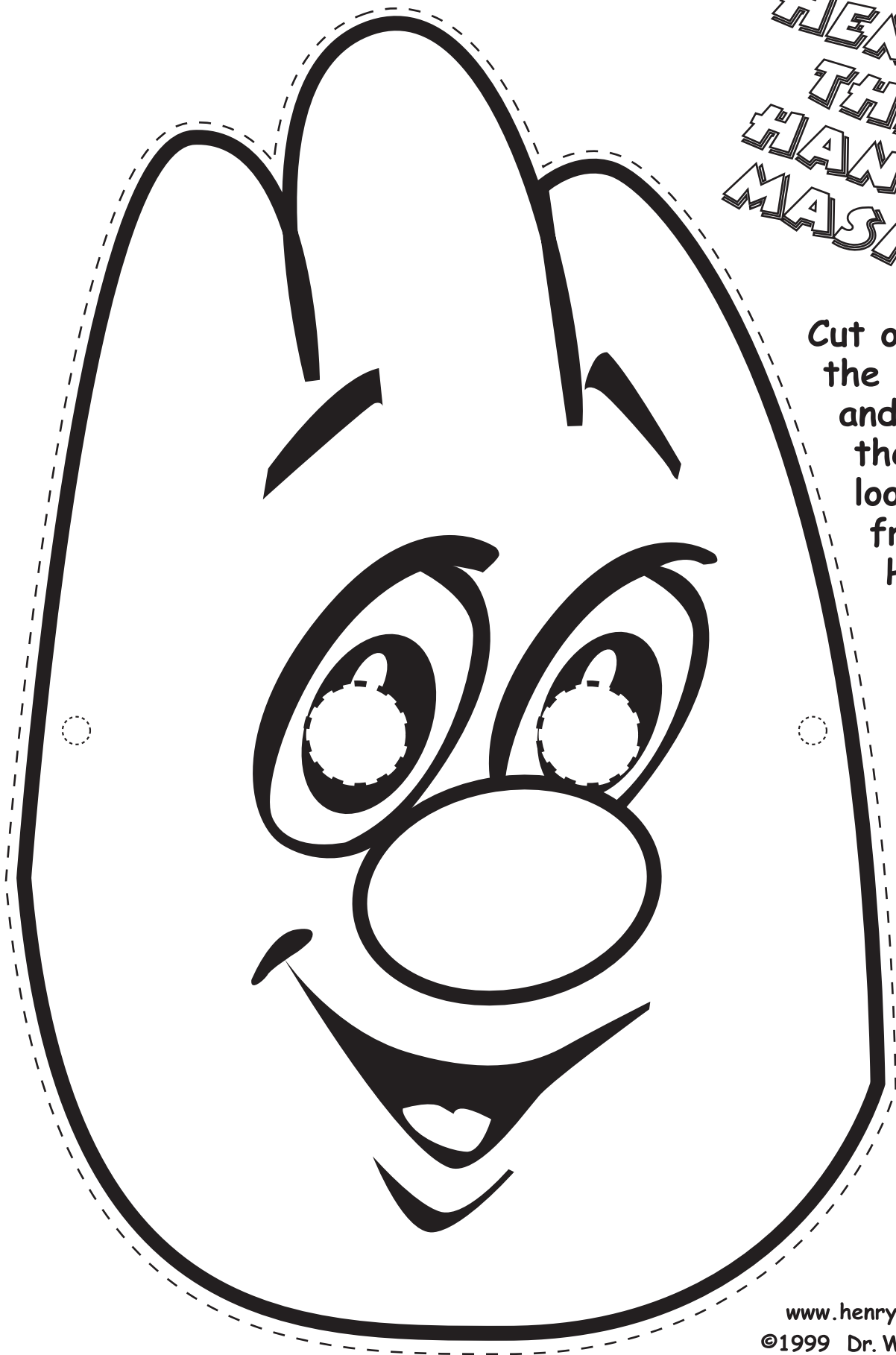
## CHAMPION HANDWASHER MEDALLIONS



You can share these Henry the Hand  
Champion Handwasher Medallions  
with your family and friends!

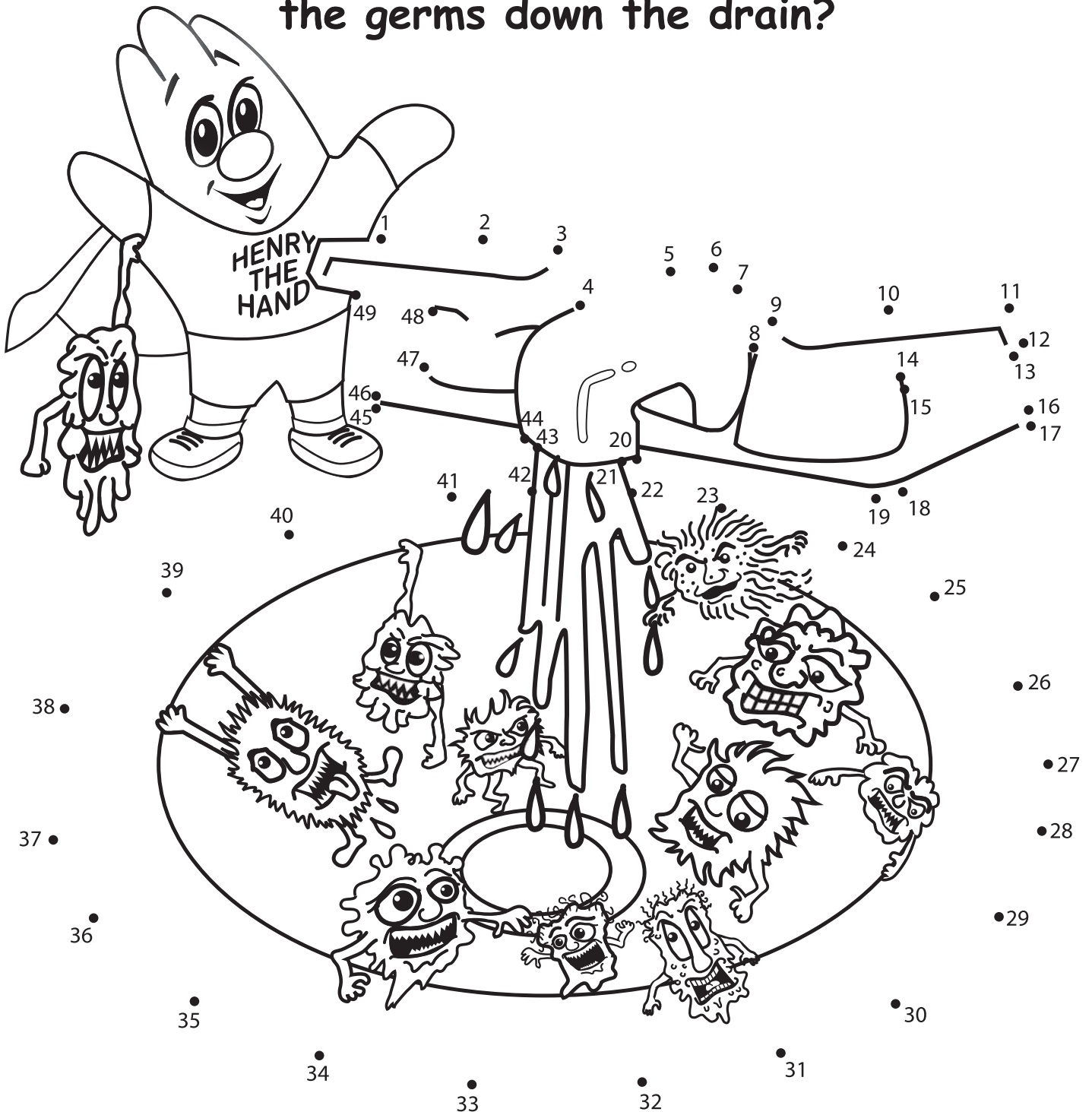
# HENRY THE HAND® MASK

Cut out  
the mask  
and see what  
the world  
looks like  
from  
Henry's  
point of  
view!



# HENRY THE HAND<sup>®</sup> DOT TO DOT

Can you help Henry wash  
the germs down the drain?



**HEY KIDS!**

See how fast germs  
can multiply and spread  
if you do not follow  
Henry's four principles!



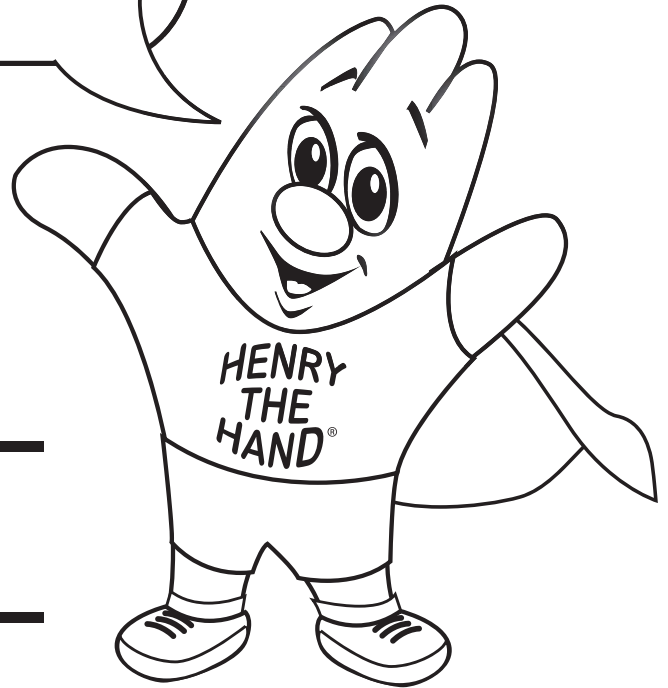
$$1 \times \underline{\quad} = 5$$

$$5 \times 5 = \underline{\quad}$$

$$25 \times 5 = \underline{\quad}$$

$$125 \times 5 = \underline{\quad}$$

$$625 \times 5 = \underline{\quad} ?$$



Thank you for helping  
"Spread the Word, Not the Germs" !

**WASH YOUR HANDS!**

# HENRY'S CROSSWORD PUZZLE!

Spread the Word,  
Not the Germs!



## CLUES

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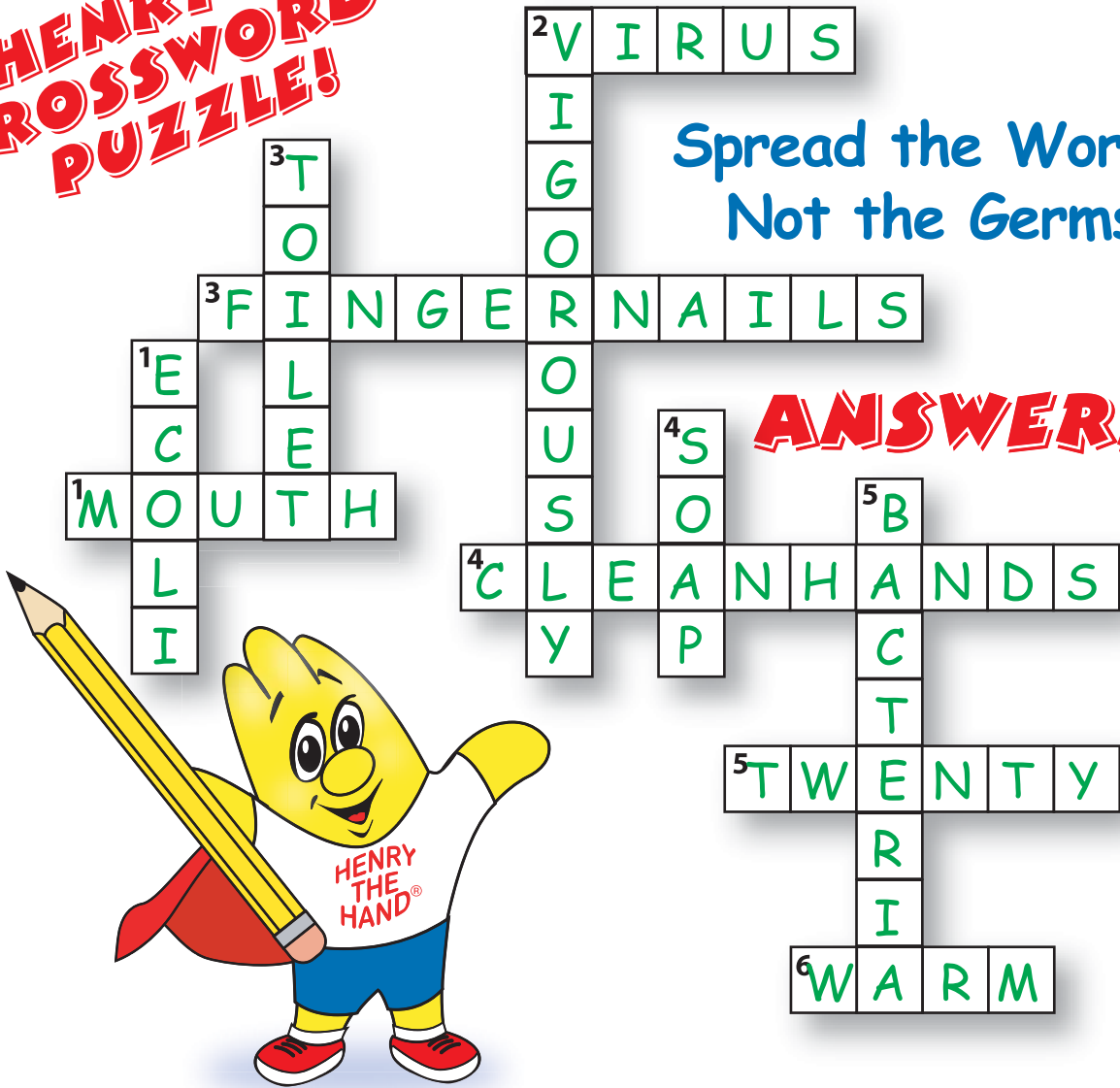
### ACROSS

1. One of Henry's 4 Principles is to keep your fingers out of your eyes, nose, and \_\_\_\_\_.
2. The germ that causes a common cold is a \_\_\_\_\_.
3. It is very important when washing hands to wash under the \_\_\_\_\_.
4. The best defense against the spread of disease is \_\_\_\_\_ (two words).
5. When washing hands, rub your hands together for at LEAST \_\_\_\_\_ seconds.
6. When washing hands, use \_\_\_\_\_ water.

### DOWN

1. \_\_\_\_\_ is caused by bacteria and can be spread by not washing your hands after using the toilet.  
(Hint: See Identifying Germs)
2. When washing hands, rub hands together \_\_\_\_\_.
3. The most important time to wash your hands is after using the \_\_\_\_\_.
4. When washing hands, make sure to use lots of \_\_\_\_\_.
5. The germ that causes streptococcus is a \_\_\_\_\_.

# HENRY'S CROSSWORD PUZZLE!



Spread the Word,  
Not the Germs!

## ANSWERS